

DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM & MARKING SCHEME

B.A. I & II Semester
PSYCHOLOGY

(Based on Choice Based Credit System)

SESSION : 2024-25



ESTD : 1958

GOVT. V.Y.T. PG AUTONOMOUS COLLEGE,
DURG, 491001 (C.G.)

(Former Name – Govt. Arts & Science College, Durg)

NAAC Accredited Grade A⁺, College with CPE - Phase III (UGC), STAR COLLEGE (DBT)

Phone : 0788-2212030

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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction		
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester-I
		Session:2024-2025
1	Course Code	PSSC-01T
2	Course Title	Introduction to Psychology
3	Course Type	Discipline Specific Course (DSC)
4	Pre-requisite(if, any)	As per program
5	Course Learning Outcomes(CLO)	<p>After the completion of course, the students will have ability to:</p> <ul style="list-style-type: none"> ➤ Learning what psychology is all about. ➤ Appreciation of the scope and the field of psychology. ➤ Developing familiarity with basic concepts related to some foundational themes of study in psychology such as learning, memory, perception, thinking, emotion, motivation and human biological system including brain ➤ Developing familiarity with individual level phenomenon such as intelligence, and personality.
6	Credit Value	03 Credit Credit = 15 Hours - learning & Observation
7	Total Marks	Max.Marks:100 Min Passing Marks:40
PART-B: Content of the Course		
Total No. of Learning-Training (01 Hr. per period) - 45 Periods (45 Hours)		
Unit	Topics (Course contents)	No. of Period
I	<p>Introduction:</p> <p>1.1 Nature of Psychology: Definition, Fields of Psychology, Introduction to schools of modern psychology</p> <p>1.2 Psychology in India: History and current status</p> <p>1.3 Methods of psychology: Introspection, Observation, Experiment and Interview</p> <p>1.4 Biological basis of human behavior: Nervous System and Glands</p>	12
II	<p>Learning, Memory and Perception</p> <p>2.1 Learning: Classical conditioning, instrumental learning, Observational learning (socio-cognitive learning);</p> <p>2.2 Memory: Models of memory: Information processing model (Sensory register, STM, LTM and concept of working memory)</p> <p>2.3 Reconstructive nature of memory; Forgetting, Nature and interfering theory</p>	11
III	<p>Motivation & Emotion</p> <p>3.1 Approaches to understand Motivation; Maslow and Arousal theory</p> <p>3.2 Types of Motives (Biological and Social)</p> <p>3.3 Emotion ; Nature and type</p>	11

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	3.4 Emotional Intelligence and Gender	
IV	Individual differences: Personality and Intelligence 4.1 Nature of Personality and Intelligence 4.2 Personality: Theories Nature concept, Big Five Personality Traits 4.3 Intelligence: Theories (Spearman, Thurston)	11
Keywords	<i>Nervous system ,Motivation, Emotion, Learning, Memory ,Perception, Emotional Intelligence, Personality ,Intelligence</i>	

PART-C
Learning Resources: Text Books, Reference Books and Others
Text Books Recommended
<ol style="list-style-type: none"> 1. Mangal, S.K. (2016), General Psychology first edition, Sterling 2. Shrivastav , D.N. (2012), General Psychology first edition, Agrawal Publications , Sanjay Nagar, Agra 3. Shrivastav , D.N. and Verma Preeti (2018-19), Adhunik Samanya Manovigyan, Agrawal Publications , Sanjay Nagar, Agra 4. Singh , A.K. (2015-16), Adhunik Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi 5. Singh , A.K. (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi 6. Ajimurahmaan (2015-16), Samanya Manovigyan, Motilal Banarsidas, Jawahar Nagar , New Delhi 7. Baron, R.& Misra. G.(2014) <i>Introduction to Psychology</i>. New Delhi: Pearson 8. Ciccarelli,S.K.&White,J.N.&Misra,G.(2018).<i>Psychology</i>.NewDelhi:Pearson Education. 9. Morgan, CT.,King, R., Weisz,J.& Schopler,J.(2017).<i>Introduction to Psychology</i>(7thEd). McGraw Hills. 10. Panel Gullybabacom. General Psychology, Gullybaba Publishing House Pvt. Ltd
Reference Books Recommended
<ol style="list-style-type: none"> 1. Holt,N.,Bremner,A.,Sutherland,E.,Vliek,M.andPasser,M.,&Smith,R.(2015). Psychology: The Science of Mind and Behaviour. London: Tata McGraw-Hill 2. Banyard, P., Davies , M. N.O., Norman, C. & Winder, B. (Eds.) (2010).Essential psychology. New Delhi: SAGE Publications
Online Resources-
e-Resources/e-books and e-learning portals
<ul style="list-style-type: none"> ➤ Swayam Central https://swayam.gov.in ➤ youtube
Online Resources-
e-Resources/e-books and e-learning portals
<ul style="list-style-type: none"> ➤ https://egyankosh.ac.in/ ➤ https://epgp.inflibnet.ac.in/Home ➤ https://ndl.iitkgp.ac.in/homestudy/humanities

Books
Answers

Prachi Mittal
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Part-D: Assessment and Evaluation		
Suggested Continuous Evaluation Methods:		
Maximum Marks: 100 Marks		
Continuous Internal Assessment (CIA): 30 Marks		
End Semester Exam (ESE): 70 Marks		
Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20 Assignment / Seminar - 10 Total Marks - 30	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
End Semester Exam (ESE):	Two section - A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks Total Marks=70	

Name and Signature of Convener & Members of CBoS:

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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester- I	Session:2024-2025
1	Course Code	PSSC-01P	
2	Course Title	Lab Course -1 (Experiment &Activity)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will have ability to:</i> <ul style="list-style-type: none"> ➤ <i>Concept clarification</i> ➤ <i>Applicability of skill development</i> ➤ <i>Develop analytical thinking</i> 	
6	Credit Value	01 Credit	Credit =30 Hours Laboratory or Field learning/Training
7	Total Marks	Max.Marks:50	Min Passing Marks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Experiment	Topics		No. of Period
1	Effect of set on Perception		30
2	Learning Curve/ Serial Position Curve		
3	Short Term Memory		
4	Retroactive Inhibition		
Activity	<p>The rumor chain game is a very simple illustration of the reconstructive nature of long-term memory and the role of schemas (e.g. gender role expectations and prejudices) in this process. a story that is short enough to allow retelling several times in class, but detailed enough that students are unlikely to remember all aspects of it. Send a few participants out of the room. The student reads aloud a short story to the one participant in the room. She is required to repeat the story to the new participant who is brought about. This newcomer will repeat it to the next participant who is invited to the room and so on. This continues until the last student who hears the story repeats it to the class. The student observes how the story has under gone change and the reconstructive nature of memory.</p>		
Keywords	<i>Rumor Chain, Perception, Learning, Memory, Retroactive Inhibition</i>		

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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors)		Semester– II	
Session:2024-2025			
1	Course Code	PSSC-02T	
2	Course Title	Psychology of Disorders	
3	Course Type	Discipline Specific Course (DSC)	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<p><i>After the completion of course, the students will have ability to:</i></p> <ul style="list-style-type: none"> ➤ <i>Establish the criteria of Normality and Abnormality.</i> ➤ <i>Learns about the Models of Psychopathology.</i> ➤ <i>Get equipped with Assessment of Psychopathology.</i> ➤ <i>Acquire the general idea of Anxiety Disorders and Obesity.</i> ➤ <i>Know the facts about Mood Disorders, & Personality Disorders.</i> 	
6	Credit Value	03 Credit	(Credit=15Hours-learning&Observation)
7	Total Marks	Max.Marks:100	Min Passing Marks:40
PART-B: Content of the Course			
Total No. of Teaching–learning Periods (01 Hr. per period) - 45 Periods (45 Hours)			
Unit	Topics(Course contents)		No. of Period
I	Psychopathology 1.1 The concept and criterion of Normality and Abnormality 1.2 Models of Psychopathology; Psychodynamic, Behavioral and Cognitive		12
II	Assessment of Psychopathology 2.1 Diagnostic Test ; Intelligence Test 2.2 Personality Test; MMPI and EPI		11
III	Anxiety 3.1 Anxiety Disorders ; 3.2 Panic Disorders; 3.3 Phobia-; 3.4 Obsessive-Compulsive Disorder (OCD) ; (NATURE,CAUSES ,SYMPTOMS AND TREATMENT)		11
IV	Mood and Personality Disorders 4.1 Depression, Manic Depressive Episode 4.2 Schizoid Personality Disorder and Paranoid Personality Disorder		11
Keywords	Normality, Abnormality, Diagnosis, Anxiety Disorder, Mood disorder and Personality disorder		

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Rachita
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Rachita

PART-C

Learning Resources: Text Books, Reference Books and Others

Text Books Recommended

1. Mangal, S.K. (2020), Abnormal Psychology, Sterling Publishers Pvt. Ltd
2. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y.
3. Bennett, P.(2011), Abnormal and Clinical Psychology, An Introductory textbook, McGraw-Hill
4. G. Sarason Irwin & R. Sarason Barbara,(2017) Abnormal Psychology, Pearson Education
5. Singh, L. & Tiwari, G. (2020) – Asamanya Manovigyan, Agara Vinod Pustak, Bhandar.
6. Singh, A.K. (2016)–Aadhunik Asamanya Manovigyan. Motilal Banarsidas , Delhi

Reference Books Recommended

1. Buss, A.H. (1999) – Psychopathology N.Y .John Wilcy
2. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson

Online Resources–

e-Resources/e-books and e-learning portals

- Swayam Central
<https://swayam.gov.in>
- Youtube

Online Resources–

e-Resources/e-books and e-learning portals

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks:	100 Marks
Continuous Internal Assessment (CIA):	30 Marks
End Semester Exam (ESE):	70 Marks

Continuous Internal Assessment (CIA): (By Course Teacher)	Internal Test / Quiz-(2): 20 +20	Better marks out of the two Test / Quiz + obtained marks in Assignment shall be considered against 30 Marks
	Assignment / Seminar - 10	
	Total Marks - 30	
End Semester Exam (ESE):	Two section – A & B Section A: (I) Objective Type Questions 10x1=10 Marks (II) Short Answer Type Questions (One From Each Unit) 4x5=20 Marks Section B: Long Answer Type Questions One From Each Unit With Internal option 4x10=40 Marks	

Name and Signature of Convener & Members of CBoS:

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FOUR YEAR UNDERGRADUATE PROGRAM (2024 – 2028)
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM

PART-A: Introduction			
Program: Bachelor in Arts (Certificate/Diploma/Degree/Honors))		Semester– II	Session:2024-2025
1	Course Code	PSSC-02P	
2	Course Title	Lab Course -2 (Psychological Testing)	
3	Course Type	Laboratory Course	
4	Pre-requisite(if, any)	As per program	
5	Course Learning Outcomes(CLO)	<i>After the completion of course, the students will develop :</i> ➤ Assessment Ability ➤ Understanding of Psychological Test	
6	Credit Value	01 Credit	(Credit= 30Hrs for Practices/Field work)
7	Total Marks	Max.Marks:50	MinPassingMarks:20
PART-B: Content of the Course			
Total No. of learning-Training/Performance Periods: 30 Periods (30 Hours)			
Test	Topics(Course contents)	No. of Period	
1	Anxiety Test	30	
2	Big Five Personality test		
3	Depression Test		
4	Intelligence Test		
Keywords	<i>Assessment, Psychological Tests, Anxiety, Depression, Intelligence, Personality</i>		

PART-C	
Learning Resources: Text Books, Reference Books and Others	
Text Books Recommended	
1. Lamm, A.(1997) – Introduction to Psychopathology, Sage, N.Y. 2. Buss, A.H. (1999) – Psychopathology N.Y. John Wilcy 3. Robert C Karson and James and Butcher (2001), Fundamental of Abnormal Psychology and Modern Life, Pearson 4. Shrivastav , D.N. and Verma Preeti (2014-15), Adhunik Prayogatmak Manovigyan Agrawal Publications , Sanjay Nagar, Agra	
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Swayam Central ➤ https://swayam.gov.in ➤ https://egyankosh.ac.in/handle/123456789/4448	

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Online Resources-

e-Resources/e-books and e-learning portals

- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

Part-D: Assessment and Evaluation

Suggested Continuous Evaluation Methods:

Maximum Marks: 50 Marks
Continuous Internal Assessment (CIA): 15 Marks
End Semester Exam (ESE): 35 Marks

Internal Assessment: Continuous Internal Assessment (CIA)	Internal Test/ Quiz-(2):	10 & 10	Better marks of the Test / Quiz & Attendance & File submission + obtained marks in Assignment shall be considered against 15 Marks
	Assignment/Seminar + Attendance -	05	
	Total Marks -	15	
End Semester Exam (ESE):	Laboratory / Field Skill Performance: On spot Assessment		
	A. Performed the Task based on lab. Work (Conduction of Test)-		20
	B. Spotting based on tools & technology (written) (Report writing)-		10
	C. Viva-voce (based on principle/technology) -		05
	Total Marks-		35

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